

November 2018

The USDA is an equal opportunity provider & employer

Monday	Tuesday	Wednesday	Thursday	Friday
Menus Are Subject to Change Without notice			1 Hamburger Lettuce & tomato Sw. Potato Fries Baked Beans Sliced Peaches Milk Fruit Choice	2 Drum Stick Savory Rice Fr. Broccoli & Cauliflower WW Roll Fresh Kiwi Milk Fruit Choice
5 Hot Dogs Seasoned wedge Potatoes Broccoli & Cheese Fresh Apples Milk Fruit Choice	6 Chicken Fajita Romaine/tomato Stoplight Peppers Tropical Fruit Oatmeal Cookie Milk Fruit Choice	7 Spaghetti & meat sauce Garlic breadstick Salad/tomatoes Peas, Mandarin Oranges, Milk Fruit Choice	8 Taco Salad Corn Chips Salsa Refried Beans Grapes Cinnamon Puff Milk Fruit Choice	9 Chicken & Noodles, Mashed Potatoes Green Beans WW Roll (5-12) Mixed Fruit/w strawberries, Milk Fruit Choice
12 Crunchy Munchy Chili Corn Chips Carrots & Celery Fresh oranges Cinnamon Roll Milk Fruit Choice	13 Hamburger Lettuce & Tomato French Fries Calif. Veggies Peaches Milk Fruit Choice	14 Chicken Nuggets Mashed Potatoes & Gravy Salad/ tomato WW roll Banana Milk Fruit Choice	15 Macaroni & Cheese Lil' Smokies Peas Baby Carrots Grapes WW roll Milk Fruit Choice	16 Teriyaki Chicken Seasoned Rice Oriental Veggies Cucumbers Biscuit/Jelly Fruit Salad Milk Fruit Choice
19 Lasagna Garlic breadstick Salad/Grape tomatoes Fresh Apples Milk Fruit Choice	20 Soft Taco Romaine/tomato Tostitos (9-12) Salsa Refried Beans Pineapple chunks Milk Fruit Choice	21 No School	22 No School	23 No School
26 Italian Pasta Bake Garlic Breadstick Peas Baby Carrots Sliced Peaches Milk Fruit Choice	27 Salisbury Steak Mashed potatoes & gravy Biscuit Broccoli & cheese, Rosy applesauce Milk Fruit Choice	28 Turkey & cheese sandwich, Lettuce & tomato French Fries Calif. Veggies Fresh grapes Milk Fruit Choice	29 Crispito Salad/tomatoes Salsa Seasoned Corn Banana Milk Fruit Choice	30 Grilled Chicker Sandwich Baked Beans Cucumbers/Celery Fruit Salad Brownie Milk Fruit Choice

Breakfast

Hesston USD 460

**November
2018**

The USDA is an equal opportunity provider & employer

Monday	Tuesday	Wednesday	Thursday	Friday
Menus are subject to change without notice	<u>High School Breakfast</u> <u>Cereals, Muffins, Yogurt, Fruit, Juice, Milk</u>	<u>Wednesdays @ Elementary School:</u> Doughnuts OR Cereal	1 Sausage Square OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety	2 Biscuit & Gravy OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety
5 Breakfast on A stick OR Cereal Variety Graham Snacks Fruit Juice Variety Milk Variety	6 Cheese Omelet & Biscuit OR Cereal Variety Yogurt Fruit Juice Variety Milk Variety	7 Ham & Cheese Combo Bar OR Cereal Variety Muffin Fruit Juice Variety Milk Variety	8 Sausage Square OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety	9 Biscuit & Gravy OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety
12 Breakfast on A stick OR Cereal Variety Graham Snacks Fruit Juice Variety Milk Variety	13 Cheese Omelet & Biscuit OR Cereal Variety Yogurt Fruit Juice Variety Milk Variety	14 Ham & Cheese Combo Bar OR Cereal Variety Muffin Fruit Juice Variety Milk Variety	15 Sausage Square OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety	16 Biscuit & Gravy OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety
19 Breakfast on A stick OR Cereal Variety Graham Snacks Fruit Juice Variety Milk Variety	20 Cheese Omelet & Biscuit OR Cereal Variety Yogurt Fruit Juice Variety Milk Variety	21 No School	22 Happy Thanksgiving!	23 No School
26 Breakfast on A stick OR Cereal Variety Graham Snacks Fruit Juice Variety Milk Variety	27 Cheese Omelet & Biscuit OR Cereal Variety Yogurt Fruit Juice Variety Milk Variety	28 Ham & Cheese Combo Bar OR Cereal Variety Muffin Fruit Juice Variety Milk Variety	29 Sausage Square OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety	30 Biscuit & Gravy OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety