

**GRADES 7-12 ONLY**  
**2018-2019**  
**Hesston Middle/High Schools Extra-Curricular Form**  
**Student - Parent Permission**

Dear Parent(s) and Student:

Hesston Middle/High Schools are very pleased that your son/daughter is interested in participating in one of the many extra-curricular activities that are offered. The purpose of this form is to make you fully aware of all the regulations and requirements that your son/daughter must be aware of in order to be eligible to participate.

**A. Extra-curricular Eligibility**

1. They are a bona-fide undergraduate student in good-standing with regular attendance.
2. Their conduct and standards of sportsmanship are satisfactory and do not bring discredit to themselves or Hesston Middle/High Schools.
3. They have passed five (5) subjects of unit weight their previous quarter (middle)/semester (high) in attendance.
4. Students must receive at least a 2.0 GPA their previous quarter (middle)/semester (high) in order to be eligible to participate in any activity.
5. They have passed an adequate physical examination (KSHSAA PPE form) given by a physician or physician's assistant (if required) and have the written consent of their parent(s) or legal guardian.
6. Students must attend the majority of their classes to practice or participate on the day of competition unless involved in field trip or other excused activity. High School students must be present at school for the majority of their classes:  
(2 on Tuesday/Thursday and 4 on Monday/Wednesday/Friday); Middle School students must be present the last half of the school day in order to be eligible for participation in any activity. Medical excuses must be accompanied by a note from parents or verified by the medical professional's office.

**B. Student in Good Standing**

1. It is important that all students realize that deliberate misbehavior, destruction of school property, unexcused absences, etc., may cause them to lose their eligibility to participate in interscholastic activities.
2. Students shall not unlawfully manufacture, distribute, dispense, possess or use illicit drugs, tobacco or alcoholic beverages during the school year. In addition, students shall not unlawfully use controlled substances during the school year. Verification to the satisfaction of the administration that a student has violated the terms of this policy (for activities) shall result in implementation of the sanctions in the student handbook. These sanctions shall be enforced by administration after consultation with parents, students, and appropriate sponsors and coaches. Refer to your school's handbook for consequences.

**C. Coaches and Sponsors Regulations/Requirements**

Each activity and each coach/sponsor of an activity have certain rules, regulations, and procedures that will be explained to each participant at the beginning of each season. Some of these will include (but not limited to) training rules and regulations; transportation to and from activities; uniform check-out, care and responsibility; meal arrangements; lettering policies; etc. A parent/guardian must attend a parent meeting scheduled for the start of the specific season or school year and have all forms completed and signed before student/athlete can participate in any practice or competition.

**D. Student Insurance**

Due to the risk of injury in athletics and activities, USD 460 recommends that each student participant have some type of medical insurance to cover such things as emergency transportation, emergency room x-ray, and doctor care costs.

1. It is the policy of USD 460 that each student participant should maintain his/her own insurance, via a parent/guardian, to cover any injury received while participating in the activities program offered. The state of Kansas offers health coverage through KanCare for qualifying children under age 19. Information regarding KanCare is available at [www.kancare.ks.gov](http://www.kancare.ks.gov).

2. Each student who participates in an activity sponsored by the Kansas State High School Activities Association (K.S.H.S.A.A. or KSHASS) is covered by a catastrophic insurance plan. Information is available from the HMS/HHS Activities director.

**E. Acknowledgment of Risk**

I/We have been informed and realize there is a possibility that my child may suffer severe injury, including permanent paralysis or death, as a result of participation in athletic activities.

**F. Sportsmanship** (As recommended by the KSHSAA)

You, as a **student-athlete** or a **parent** involved in an activity offered at our school, are recognized as an official representative of the school and its community. Your conduct and sportsmanship on and off the school premises should display the highest possible standards.

I have read the above information regarding student eligibility, rules, regulations and risks listed. I understand the district/school policies that my son/daughter must comply with and the consequences involved with each offense. I understand that my son/daughter is not covered by any medical insurance policies other than the catastrophic coverage provided by the K.S.H.S.A.A. I give my permission for my son/daughter to participate in any Hesston Middle/High School sponsored activities/athletics.

\_\_\_\_\_  
(Student signature)

\_\_\_\_\_  
(Parent/Guardian signature)

Date: \_\_\_\_\_