

LUNCH

Hesston USD 460

August 2018

The USDA is an equal opportunity provider & employer

Monday	Tuesday	Wednesday	Thursday	Friday
Menus Are Subject to Change Without notice	Welcome Back!	1	2	3
6	7	8	9	10
13	14 Hot Dog Seasoned wedge Potatoes Broccoli & Cheese Fresh Apples Milk Fruit Choice 9-12 Half Day No Lunch at High School	15 Fajita Spanish Rice Romain & tomato Stoplight peppers Watermelon Oatmeal cookie (9-12), milk Fruit Choice 9-12	16 Spaghetti & meat sauce Garlic breadstick Tossed Salad, tom. Peas Mandarin Oranges Milk Fruit Choice 9-12	17 Taco Salad Corn Chips Salsa Refried Beans Cantaloupe Cinnamon Puff Milk Fruit Choice 9-12
20 Crunchy Munchy Chili Corn Chips Carrots & Celery Fresh oranges Cinnamon Roll Milk Fruit Choice 9-12	21 Hamburger Lettuce & Tomato French Fries Calif. Veggies Cantaloupe Milk Fruit Choice 9-12	22 Chicken Nuggets Mashed Potatoes & Gravy, Tossed Salad, tomato WW roll & jelly Banana, Milk Fruit Choice 9-12	23 Macaroni & Cheese, Little Smokies seasoned Peas, Baby Carrots With dip, Grapes Ww roll, jelly (9-12) Milk Fruit Choice 9-12	24 Chicken Dippers Seasoned Rice Oriental Veggies Cucumbers Biscuit/Jelly Citrus Fruit Salad Milk Fruit Choice 9-12
27 Lasagna Garlic breadstick Tossed Salad/ Grape tomatoes Fresh Apples Milk Fruit Choice 9-12	28 Soft Taco Romaine/tomato Tostitos 5-12, Salsa Refried Beans Pineapple chunks Milk Fruit Choice 9-12	29 Pepperoni Pizza, tossed salad, tomato, Baby Carrots/dip Watermelon Choc. Chip Cookie Milk Fruit Choice 9-12	30 Pulled Pork Sandwich Seasoned Potatoes Fresh broccoli & Cauliflower Cantaloupe Milk Fruit Choice 9-12	31 Chicken Pattie Mashed Potatoes & Gravy, Green Beans, Roll & Jelly Mixed Fruit with strawberries Milk Fruit Choice 9-12

Breakfast

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Monday	Tuesday	Wednesday	Thursday	Friday
Menus are subject to change without notice	<u>High School Breakfast</u> <u>Cereals, Muffins, Yogurt, Fruit, Juice, Milk</u>	1 Welcome Back!	2	3
	6	7	8	10
13	14 Cheese Omelet & Biscuit OR Cereal Variety Yogurt Fruit Juice Variety Milk Variety	15 Ham/cheese Combo Bar OR Cereal Variety Graham Snacks Fruit Juice Variety Milk Variety	16 Sausage Square OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety	17 Biscuit & Gravy OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety
20 Breakfast on A stick OR Cereal Variety Muffin Fruit Juice Variety Milk Variety	21 Cheese Omelet & Biscuit OR Cereal Variety Yogurt Fruit Juice Variety Milk Variety	22 Ham/cheese Combo Bar OR Cereal Variety Graham Snacks Fruit Juice Variety Milk Variety	23 Sausage Square OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety	24 Biscuit & Gravy OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety
27 Breakfast on A stick OR Cereal Variety Muffin Fruit Juice Variety Milk Variety	28 Cheese Omelet & Biscuit OR Cereal Variety Yogurt Fruit Juice Variety Milk Variety	29 Ham/cheese Combo Bar OR Cereal Variety Graham Snacks Fruit Juice Variety Milk Variety	30 Sausage Square OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety	31 Biscuit & Gravy OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety